

**Bless the Lord, O my soul: and all that is within me, bless his holy name.
Bless the Lord, O my soul, and forget not all his benefits:**

Who forgiveth all thine iniquities; who healeth all thy diseases;
who redeemeth thy life from destruction;
who crowneth thee with lovingkindness and tender mercies;
who satisfieth thy mouth with good things;
so that thy youth is renewed like the eagle's.

The Lord executeth righteousness and judgment for all that are oppressed.
He made known his ways unto Moses, his acts unto the children of Israel.
The Lord is merciful and gracious, slow to anger, and plenteous in mercy.

He will not always chide: neither will he keep his anger for ever.
He hath not dealt with us after our sins; nor rewarded us according
to our iniquities. For as the heaven is high above the earth,
so great is his mercy toward them that fear him.

As far as the east is from the west, so far hath he removed
our transgressions from us. Like as a father pitieth his children,
so the Lord pitieth them that fear him.

For he knoweth our frame; he remembereth that we are dust.

As for man, his days are as grass: as a flower of
the field, so he flourisheth.

For the wind
passeth over it, and
the place thereof shall
know it no more.

But the mercy
of the Lord is from
to everlasting
upon them that
fear him, and his
righteousness unto
children's children;

of the Lord is from
to everlasting
upon them that
fear him, and his
righteousness unto
children's children;

To such as keep his covenant
and to those that remember his commandments to do them.

The Lord hath prepared his throne in the heavens;
and his kingdom ruleth over all.

**Bless the Lord, ye his angels, that excel in strength,
that do his commandments, hearkening unto
the voice of his word. Bless ye the Lord, all ye his hosts;
ye ministers of his, that do his pleasure.
Bless the Lord, all his works in all places of his dominion:
bless the Lord, O my soul.**

Psalm 103

