

## ALEPH

Blessed are the undefiled in the way,  
who walk in the law of the Lord.  
Blessed are they that keep his testimonies,  
and that seek him with the whole heart.  
They also do no iniquity: they walk in his ways.  
Thou hast commanded us to keep  
thy precepts diligently. O that my ways were  
directed to keep thy statutes!  
Then shall I not be ashamed, when  
I have respect unto all thy commandments.  
I will praise thee with uprightness of heart,  
when I shall have learned  
thy righteous judgments.  
I will keep thy statutes:  
O forsake me not utterly.

## BETH

Wherewithal shall a young man cleanse his way?  
by taking heed thereto according to thy word.  
With my whole heart have I sought thee:  
O let me not wander from thy commandments.  
Thy word have I hid in mine heart,  
that I might not sin against thee.  
Blessed art thou, O Lord: teach me thy statutes.  
With my lips have I declared all the judgments  
of thy mouth. I have rejoiced in the way  
of thy testimonies, is much as in all riches.  
I will meditate in thy precepts,  
and have respect unto thy ways.  
I will delight myself in thy statutes:  
I will not forget thy word.

Psalm 119: 1-16